



5.11 Understanding Unhealthy Relationship

Suggested Grade Level: 9-12

Time: N/A

Subject Area: Healthy Relationships

Overview:

This is not a lesson but just a compiled resource sheet for students to use. This information was taken directly from the National Domestic Violence Hotline and call credit goes to them. The resources below are catered to the LGBTQ community. For more information please go the National Domestic Violence's website, "<http://www.thehotline.org/>", they have resources that cover a wide range of identities and intersections including immigrants and people with disabilities. GSA are welcomed to make multiple copies of the resources below to hand out to its members.

Tactics of Power and Control*

“Outing” a partner’s sexual orientation or gender identity. Abusive partners in LGBTQ relationships may threaten to ‘out’ victims to family members, employers, community members and others.

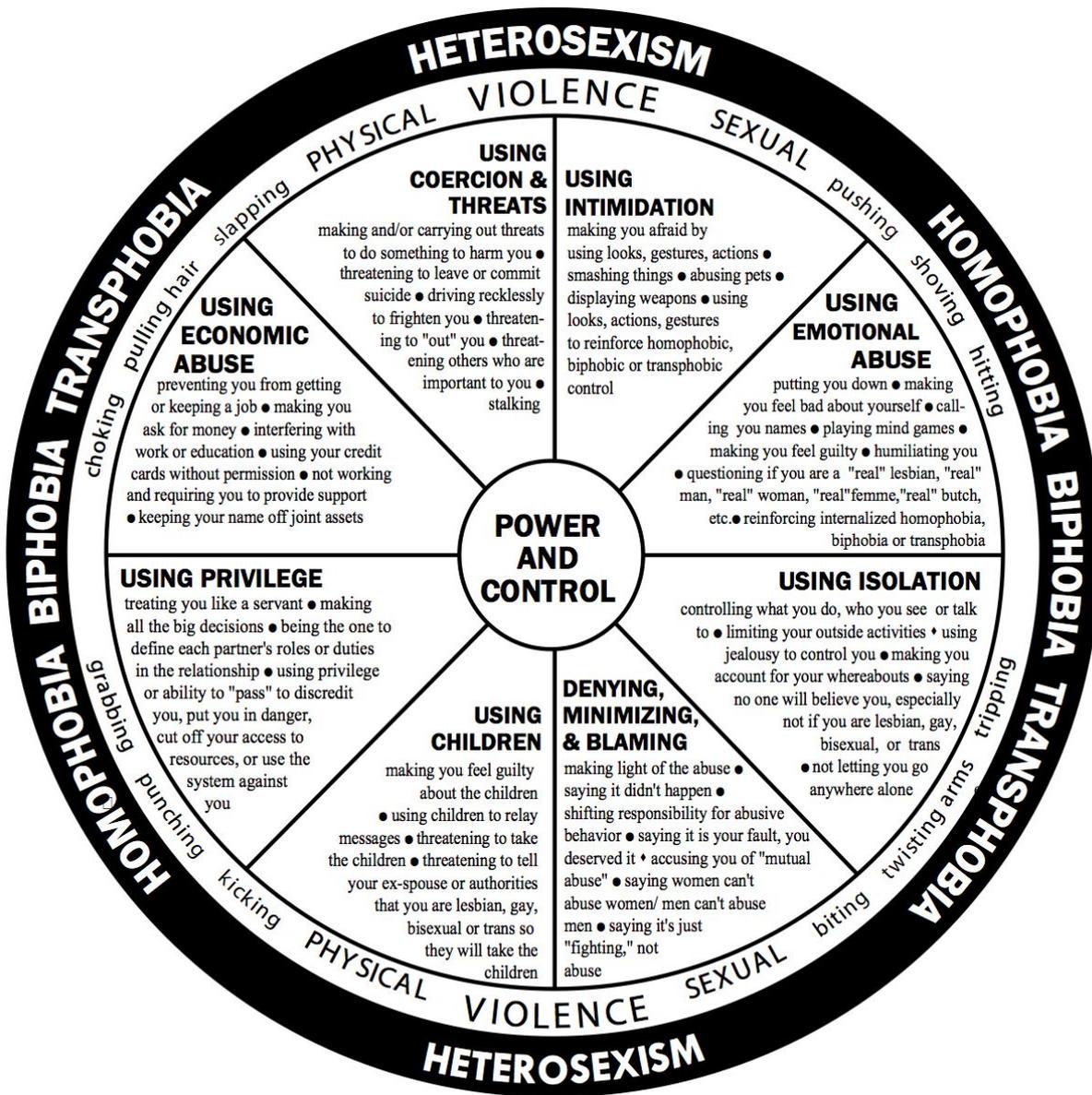
Saying that no one will help the victim because they, they are lesbian, gay, bisexual or transgender, or that for this reason, the partner “deserves” the abuse.

Justifying the abuse with the notion that a partner is not “really” lesbian, gay, bisexual or transgender (i.e. the victim may once have had/may still have relationships, or express a gender identity, inconsistent with the abuser’s definitions of these terms).

This can be used both as a tool in verbal and emotional abuse as well as to further the isolation of a victim from the community.

Monopolizing support resources through an abusive partner’s manipulation of friends and family supports and generating sympathy and trust in order to cut off these resources to the victim. This is a particular issue to members of the LGBTQ community where they may be fewer specific resources, neighborhoods or social outlets

Portraying the violence as mutual and even consensual, or as an expression of masculinity or some other “desirable” trait.



*Copied from and property of The National Domestic Violence Hotline, <http://www.thehotline.org/is-this-abuse/lgbt-abuse/>