



## 5.9 Relationship Timeline

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**Suggested Grade Level:** 6-12

**Time:** 30 Minutes

**Subject Area:** Healthy Relationships

### **Overview:**

Participants will create a timeline of what they imagine their ideal relationship would look like, when their first kiss would be, when their first date would be, etc. By creating a group timeline it will help participants visualize there is no ideal or proper timeline and instead must be navigated by the people in the relationship.

### **Goals:**

- A personal understanding of what the participant wants in a relationship
- Understand what is desired from relationships vary from person to person
- The importance of discussing what one desires from a relationship

### **Materials:**

- Tape
- Different colored writing utensils
- Sticky notes or small pieces of paper

### **Procedure:**

#### **Step One:**

Place a line of tape or similar thing such as a line of string on the wall or floor to represent a timeline. Mark the timeline with certain time amounts such as (1 week, 2 weeks, 1 month, 6 months, 1 year, etc.). This timeline will represent the length of a relationship, starting at the first day two people meet.



### Step Two:

As people arrive, hand them a way of marking things on the timeline. Then allow the students 10-15 minutes to place milestones on the timeline when they would want that experience. This order can either be based on a real life relationship that they have been or are in or it can represent the way they think a relationship should ideally play out.

### Step Three:

Following the timeline, take time as a whole group or as small group to discuss what this activity shows. Starter discussion questions are attached to the lesson and are visible below.

### Step Four:

#### Discussion Questions:

- How much did people's idea of when things should happen vary? What does this mean?
- How much did people's idea of what sorts of things should happen vary? What does this mean?
- Is there a right answer to "when should a couple kiss for the first time?"
  - If yes, when? How did you determine that? Does that hold for all people?
  - If no, why not?
- What does this activity show about the importance of communication in relationships?

